


June 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pickleball 6:45 a.m. - 9:30 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Badminton 2 p.m.</p> <p>Euchre 6 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p>	<p>Pickleball 7 a.m. - 10:15 a.m.</p> <p>Chair Yoga 9:30 & 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba Cancelled instructor away</p> <p>Community Education 1pm</p> <p>Canasta 1 p.m.</p> <p>Floor Curling 1:30 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p> <p>Office Closed 11 a.m. (Volunteer Appreciation Luncheon)</p> <p>Pickleball 12:45 p.m. - 3:45 p.m.</p> <p>Crib 1 p.m.</p>	<p>Pickleball 7 a.m. - 10 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba Cancelled instructor away</p> <p>Badminton 12 p.m. - 2 p.m.</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Badminton 2 p.m.</p> <p>Euchre 6 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p>	<p>Pickleball 7 a.m. - 10:15 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba 10:45 a.m.</p> <p>Canasta 1 p.m.</p> <p>Floor Curling 1:30 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p> <p>Pickleball 12:45 p.m. - 2:45 p.m.</p> <p>Crib 1 p.m.</p>	<p>Pickleball Cancelled City Booking</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba Cancelled City Booking</p> <p>Badminton Cancelled City Booking</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Badminton 2 p.m.</p> <p>Euchre 6 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p>  <p>Ice-Cream Drive Through 1pm - 2:30pm</p>	<p>Pickleball 7 a.m. - 10:15 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba 10:45 a.m.</p> <p>Technology Support 1pm</p> <p>Canasta 1 p.m.</p> <p>Floor Curling 1:30 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p> <p>Pickleball 12:45 p.m. - 3:45 p.m.</p> <p>Crib 1 p.m.</p>	<p>Pickleball 7 a.m. - 10 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba 10:45 a.m.</p> <p>Badminton 12:30 p.m. - 2:30 p.m.</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Advanced Planning Seniors First</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Badminton 2 p.m.</p> <p>Euchre 6 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p>	<p>Pickleball 7 a.m. - 10:15 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis Cancelled City Booking</p> <p>Zumba 10:45 a.m.</p> <p>Canasta 1 p.m.</p> <p>Floor Curling 1:30 p.m.</p>	<p>Strength and Balance 9 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p> <p>Pickleball 12:45 p.m. - 3:45 p.m.</p> <p>Crib 1 p.m.</p>	<p>Pickleball 7 a.m. - 10 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Zumba 10:45 a.m.</p> <p>*last class before summer break</p> <p>Badminton 1 p.m.</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m.</p> <p>Chair Yoga 9:30 a.m.</p> <p>Chair Yoga 10:30 a.m.</p> <p>Table Tennis 10:30 a.m.</p> <p>Badminton 2 p.m.</p> <p>Euchre 6 p.m.</p>	<p>Strength and Balance 9:15 a.m.</p> <p>Walking Group 9:30 a.m.</p> <p>Carpet Bowling 10 a.m.</p>	 <p>CHILLIWACK & DISTRICT SENIORS' RESOURCES SOCIETY</p>		<p>9291 Corbould Street 604.793.9979</p>

Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Canasta	Minto	\$3	2.5 hours
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	Slesse	Free	½ hour appointments call 604.793.9979 to book
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45 min
Zumba Gold	Cheam	\$6	1 hour
Community Education Downsizing Tips and Tricks	Slesse Room	Free	No longer than 1 ½ hours
Ice-Cream Drive Through	Evergreen Parking lot – enter off Corbould – Exit onto Spadina	Free	1 ½ hours