


May 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: right;">9291 Corbould Street 604.793.9979</p>				<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;">1</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;">4</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;">5</p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;">6</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.</p> <p style="text-align: right;">7</p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;">8</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;">11</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;">12</p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;">13</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. <i>(last class before summer break)</i> Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.</p> <p style="text-align: right;">14</p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 12:45p.m.-2:45p.m.</p> <p style="text-align: right;">15</p>
<p style="text-align: center;">Closed</p> <p style="text-align: center;">Victoria Day</p> <p style="text-align: right;">18</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;">19</p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Technology support Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;">20</p>	<p>Walking Group 9:30 a.m.</p> <p style="text-align: center;">CDSRS AGM 12:30 p.m. Slesse Room</p> <p style="text-align: right;">21</p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;">22</p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Advanced Planning Seniors First Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;">25</p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;">26</p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;">27</p>	<p>Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing done for the season Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m. Community Education 1pm Loft "Home Modifications for Aging in Place"</p> <p style="text-align: right;">28</p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba Cancelled - Instructor away Badminton 1 p.m.</p> <p style="text-align: right;">29</p>

Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Canasta	Minto	\$3	2.5 hours
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Line Dancing Monday	Cheam	\$6	1.5 hours
Line Dancing Thursday	Cheam	\$3	1.5 hours
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	Slesse	Free	½ hour appointments call 604.793.9979 to book
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45min
Zumba Gold	Cheam	\$6	1 hour
CDSRS AGM – office closed – activities cancelled	Slesse Room	Free	Please call to register
Community Education Home Modifications for Aging in Place	Loft	Free	No longer than 1 ½ hours