


# May 2026 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
 <p style="text-align: right;"><b>9291 Corbould Street</b> <b>604.793.9979</b></p>				<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;"><b>1</b></p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;"><b>4</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;"><b>5</b></p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;"><b>6</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.</p> <p style="text-align: right;"><b>7</b></p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;"><b>8</b></p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. (last day before summer break) Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;"><b>11</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;"><b>12</b></p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;"><b>13</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. (last class before summer break) Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.</p> <p style="text-align: right;"><b>14</b></p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton <b>12:45p.m.-2:45p.m.</b></p> <p style="text-align: right;"><b>15</b></p>
<p style="text-align: center;"><b>Closed</b></p> <p style="text-align: center;"><b>Victoria Day</b></p> <p style="text-align: right;"><b>18</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;"><b>19</b></p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. <b>Technology support</b> Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;"><b>20</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing <b>Cancelled for summer</b> Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.</p> <p style="text-align: right;"><b>21</b></p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.</p> <p style="text-align: right;"><b>22</b></p>
<p>Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. <b>Advanced Planning Seniors First</b> Line Dancing <b>done for the season</b> Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.</p> <p style="text-align: right;"><b>25</b></p>	<p>Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.</p> <p style="text-align: right;"><b>26</b></p>	<p>Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.</p> <p style="text-align: right;"><b>27</b></p>	<p>Strength and Balance 9 a.m. Walking Group 9:30 a.m. <b>CDSRS AGM 12:30 p.m.</b> <b>Slesse Room</b> <b>call 604.793.9979 to register</b> Pickleball 12:45 p.m. - 3:45 p.m. <b>Community Education 1pm Loft</b> "Home Modifications for Aging in Place"</p> <p style="text-align: right;"><b>28</b></p>	<p>Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba <b>Cancelled</b> <b>- Instructor away</b> Badminton 1 p.m.</p> <p style="text-align: right;"><b>29</b></p>

## Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

### Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Canasta	Minto	\$3	2.5 hours
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Line Dancing Monday	Cheam last day for the summer May 11	\$6	1.5 hours
Line Dancing Thursday	Cheam last day for the summer May 14	\$3	1.5 hours
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	Slesse	Free	½ hour appointments call 604.793.9979 to book
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45min
Zumba Gold	Cheam	\$6	1 hour
CDSRS AGM – office closed – activities cancelled	Slesse Room	Free	Please call to register
Community Education Home Modifications for Aging in Place	Loft	Free	No longer than 1 ½ hours