




April 2026 Activity Calendar

Monday		Tuesday		Wednesday		Thursday		Friday			
		<p>9291 Corbould Street 604.793.9979</p>		Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.		1 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing cancelled instructor away Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.		2 NO Activities 		3	
NO Activities 				6		7 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.		8 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.		9 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	
Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.		13		14 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.		15 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.		16 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.		17 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis Cancelled City Booking Zumba 10:45 a.m. Badminton 1 p.m.	
Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Advanced Planning Seniors First Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.		20		21 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.		22 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.		23 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.		24 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.	
Pickleball 6:45 a.m. - 9:30 a.m. Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.		27		28 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.		29 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.		30 Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.		May 1 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.	

Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Canasta	Minto	\$3	2.5 hours
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Line Dancing Monday	Cheam	\$6	1.5 hours
Line Dancing Thursday	Cheam	\$3	1.5 hours
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	No Class this month-call the office to book for May		
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45min
Zumba Gold	Cheam	\$6	1 hour