

March 2026 Activity Calendar - see back for Key

Monday	Tuesday	Wednesday	Thursday	Friday
Pickleball 6:45 a.m. - 9:30 a.m. 2 Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	3 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	4 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba Cancelled instructor away Canasta 1 p.m. Floor Curling 1:30 p.m.	5 Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	6 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba Cancelled instructor away Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. 9 Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	10 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	11 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba Cancelled instructor away Canasta 1 p.m. Floor Curling 1:30 p.m.	12 Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	13 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba Cancelled instructor away Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. 16 Both Chair Yogas Cancelled - City Painting Room Line Dancing 10 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m. Minto room	17 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling Cancelled  	18 Pickleball 7 a.m. - 10:15 a.m. Both Chair Yoga Cancelled Table Tennis 10:30 a.m. Zumba Cancelled instructor away Canasta 1 p.m. Technolgy Support 1 .p.m. Floor Curling 1:30 p.m.	19 Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling Cancelled Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib Cancelled City Painting Room	20 All Activities Cancelled City Booking
Pickleball 6:45 a.m. - 9:30 a.m. 23 Chair Yoga 9:30 a.m. Advanced Planning Seniors First Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	24 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	25 Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Canasta 1 p.m. Floor Curling 1:30 p.m.	26 Strength and Balance 9 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	27 Pickleball 7 a.m. - 10 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Zumba 10:45 a.m. Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. 30 Chair Yoga 9:30 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	31 Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.			

Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

***note the City will be painting the Slesse Room from March 15th-21st all activities in that room will be cancelled that week.**

Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Canasta	Minto	\$3	2.5 hours
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Line Dancing Monday	Cheam	\$6	1.5 hours
Line Dancing Thursday	Cheam	\$3	1.5 hours
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	Slesse	Free	½ appointments 793.9979 to book
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45min
Zumba Gold	Cheam	\$6	1 hour
Baked Potato-Bar Lunch	Loft	\$15	2 hours