

November Activity Calendar - see back for Key

Monday	Tuesday	Wednesday	Thursday	Friday
 9291 Corbould Street 604.793.9979 Seniors Christmas Stocking Donation Drive Thru Office will be closed until 10 AM November 6th 8 AM to 10 AM 9291 Corbould Street Some Items to donate include: Stockings, toiletries, candy, notepads, pens, decks of cards, gloves, scarves, hats, socks, combs, nail clippers, cocoa pkg's, tea, and puzzle books. Remember - items must fit into a 12" stocking.				
Pickleball 6:45 a.m. - 9:30 a.m. Belly Dancing 9 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Floor Curling 1:30 p.m.	Donation Day Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. Belly Dancing 9 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 2 p.m. Euchre 6 p.m.	Closed for Remembrance Day No Activities Lest We Forget 	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30am Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Floor Curling 1:30 p.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing Cancelled - Instructor away Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. Belly Dancing 9 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Advanced Planning Seniors First Badminton 2 p.m. Euchre 6 p.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30am Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Technology Tutoring 1 p.m. Floor Curling 1:30 p.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Badminton 1 p.m.
Pickleball 6:45 a.m. - 9:30 a.m. Belly Dancing 9 a.m. Line Dancing 10 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Community Education - Scam Sense 2pm Badminton 2 p.m. Euchre 6 p.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m.	Pickleball 7 a.m. - 10:15 a.m. Chair Yoga 9:30 a.m. Chair Yoga 10:30 a.m. Table Tennis 10:30 a.m. Table Tennis 10:30 a.m.	Strength and Balance 9:15 a.m. Walking Group 9:30 a.m. Carpet Bowling 10 a.m. Line Dancing 10:30 a.m. Pickleball 12:45 p.m. - 3:45 p.m. Crib 1 p.m.	No Activities - City Bookings 

Key for Activity Calendar

Your first class is free! Contact us for membership and payment details.

Locations

Minto, Cheam, and Slesse: Rooms in Evergreen Hall, 9291 Corbould Street

Loft: Chilliwack Landing Sports Centre, 45530 Spadina Avenue

Coliseum: 45323 Hodgins Avenue. Enter through the Chilliwack Chiefs' office located at the back of the building

Activity	Location	Cost	Length
Advanced Planning Seniors First	Minto	Free	Varies - call 1.866.437.1940 to book
Badminton	Cheam	\$6	2 hours
Belly Dancing	Slesse	\$6	1 hour
Carpet Bowling	Slesse	\$3	2 hours
Crib	Slesse	\$3	2 hours
Euchre	Slesse	\$3	2.5 hours
Floor Curling	Cheam	\$3	2 hours
Pickleball	Cheam	\$4	Varies – see calendar
Line Dancing Monday	Cheam	\$6	1.5 hours
Line Dancing Thursday	Cheam	\$3	1.5 hours
Mahjong	Minto	\$3	3 hours
Strength and Balance	Cheam	\$6	1 hour
Table Tennis	Chilliwack Landing	\$3	2 hours
Technology Class	Slesse	Free	2 hours – call 604.793.9979 to book
Walking Group	Colosseum – Chiefs entrance	Free	1 hour
Yoga (Chair)	Slesse	\$6	45min
Zumba Gold	On hold until January		
Community Education -Scam Sense	Loft	Free	2 hours