

# June Activity Calendar 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>Pickleball 6:45-9:30</b> (Cheam) <b>Chair Yoga 10:30-11:15</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Mahjong 12-3</b> (Minto) <b>Badminton Cancelled - City Booking</b> <b>Euchre 6-8:30pm</b> (Slesse)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Chair Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Cancelled Instructor Away</b> <b>Floor Curling 1:30-3:30</b> (Cheam)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse) <b>Pickleball 12:45-3:45</b> (Cheam) <b>Crib 1-3</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Gentle Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Badminton 1-3</b> (Cheam)	
<b>Pickleball 6:45-9:30</b> (Cheam) <b>Chair Yoga 10:30-11:15</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Mahjong 12-3</b> (Minto) <b>Badminton 2-4</b> (Cheam) <b>Euchre 6-8:30pm</b> (Slesse)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Belly Dancing 9am</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Floor Curling 1:30-3:30</b> (Cheam)		<b>Office Closed for Staff Development</b>		<b>Pickleball 7-10:15</b> (Cheam) <b>Gentle Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Badminton 1-3</b> (Cheam)	
<b>Pickleball 6:45-9:30</b> (Cheam) <b>Chair Yoga 10:30-11:15</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Mahjong 12-3</b> (Minto) <b>Badminton 2-4</b> (Cheam) <b>Euchre 6-8:30pm</b> (Slesse)		<b>Strength &amp; Balance Cancelled - City Booking</b> <b>Walking Group 9:30 *</b> <b>Carpet Bowling Cancelled - City Booking</b>		<b>Pickleball 7-10:15</b> (Cheam) <b>Chair Yoga 10:30-11:15</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Technology Tutoring 1-3</b> (Slesse) <i>call for appointment</i> <b>Floor Curling 1:30-3:30</b> (Cheam)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse) <b>Pickleball 12:45-3:45</b> (Cheam) <b>Crib 1-3</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Gentle Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Badminton 1-3</b> (Cheam)	
<b>Pickleball 6:45-9:30</b> (Cheam) <b>Chair Yoga 10:30-11:15</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Advanced Planning</b> (Minto) call <b>Seniors First</b> for appointment <b>1-866-437-1940</b> <b>Badminton 2-4</b> (Cheam) <b>Euchre 6-8:30pm</b> (Slesse)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Chair Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis Cancelled - City Booking</b> <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Floor Curling 1:30-3:30</b> (Cheam)		<b>Strength &amp; Balance 9:15-10:15</b> (Cheam) <b>Walking Group 9:30 *</b> <b>Carpet Bowling 10-12</b> (Slesse) <b>Pickleball 12:45-3:45</b> (Cheam) <b>Crib 1-3</b> (Slesse)		<b>Pickleball 7-10:15</b> (Cheam) <b>Gentle Yoga 9:30</b> (Slesse) <b>Chair Yoga 10:30</b> (Slesse) <b>Table Tennis 10:30-12:30</b> (Loft) <b>Zumba Gold 10:45-11:45</b> (Cheam) <b>Badminton 1-3</b> (Cheam)	
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