June Activity Calendar 2025

Monday		Tuesday		Wednesday		Thursday		Friday	
Pickleball 6:45-9:30 (Cheam)	2	Strength & Balance 9:15-10:15	3	Pickleball 7-10:15 (Cheam)	4	Strength & Balance 9:15-10:15	5	Pickleball 7-10:15 (Cheam)	6
Chair Yoga 10:30-11:15 (Slesse)	2	(Cheam)	5	Chair Yoga 9:30 (Slesse)	4	(Cheam)	5	Gentle Yoga 9:30 (Slesse)	0
Table Tennis 10:30-12:30 (Loft)		Walking Group 9:30 *		Chair Yoga 10:30 (Slesse)		Walking Group 9:30 *		Chair Yoga 10:30 (Slesse)	
Mahjong 12-3 (Minto)				Table Tennis 10:30-12:30 (Loft)		Carpet Bowling 10-12 (Slesse)		Table Tennis 10:30-12:30 (Loft)	
Badminton Cancelled - City Booking	3	Carpet Bowling 10-12 (Slesse)		Zumba Cancelled Instructor Away		Pickleball 12:45-3:45 (Cheam)		Zumba Gold 10:45-11:45 (Cheam)	
Euchre 6-8:30pm (Slesse)				Floor Curling 1:30-3:30 (Cheam)		Crib 1-3 (Slesse)		Badminton 1-3 (Cheam)	
Pickleball 6:45-9:30 (Cheam)	9		10	Pickleball 7-10:15 (Cheam)	11	Office Closed for Staff Development	12	Pickleball 7-10:15 (Cheam)	13
Chair Yoga 10:30-11:15 (Slesse)		Strength & Balance 9:15-10:15 (Cheam) Walking Group 9:30 *		Belly Dancing 9am (Sleese)		Strength & Balance 9:15-10:15 (Cheam) Walking Group 9:30 *		Gentle Yoga 9:30 (Slesse) Chair Yoga 10:30 (Slesse)	
Table Tennis 10:30-12:30 (Loft)									
Mahjong 12-3 (Minto)				Table Tennis 10:30-12:30 (Loft)		Carpet Bowling 10-12 (Slesse)		Table Tennis 10:30-12:30 (Loft)	
Badminton 2-4 (Cheam)		Carpet Bowling 10-12 (Slesse)		Zumba Gold 10:45-11:45 (Cheam)		Pickleball 12:45-3:45 (Cheam)		Zumba Gold 10:45-11:45 (Cheam)	
Euchre 6-8:30pm (Slesse)				Floor Curling 1:30-3:30 (Cheam)		Crib 1-3 (Slesse)		Badminton 1-3 (Cheam)	
Pickleball 6:45-9:30 (Cheam)	16	Strength & Balance	17	Pickleball 7-10:15 (Cheam) Chair Yoga 10:30-11:15 (Slesse)	18	Strength & Balance 9:15-10:15	19	Pickleball 7-10:15 (Cheam)	20
Chair Yoga 10:30-11:15 (Slesse)		Cancelled - City Booking		Chair Yoga 10:30 (Slesse)		(Cheam)		Gentle Yoga 9:30 (Slesse)	
Table Tennis 10:30-12:30 (Loft)		Walking Group 9:30 *		Table Tennis 10:30-12:30 (Loft)		Walking Group 9:30 *		Chair Yoga 10:30 (Slesse)	
Mahjong 12-3 (Minto)		Carpet Bowling Cancelled - City Boo	king	Zumba Gold 10:45-11:45 (Cheam)		Carpet Bowling 10-12 (Slesse)		Table Tennis 10:30-12:30 (Loft)	
Badminton 2-4 (Cheam)				Technology Tutoring 1-3 (Sless call for appointment	e)	Pickleball 12:45-3:45 (Cheam)		Zumba Gold 10:45-11:45 (Cheam)	
Euchre 6-8:30pm (Slesse)				Floor Curling 1:30-3:30 (Cheam)		Crib 1-3 (Slesse)		Badminton 1-3 (Cheam)	
Pickleball 6:45-9:30 (Cheam)	22		24	Pickleball 7-10:15 (Cheam)	٦г	Strength & Balance 9:15-10:15	20	Pickleball 7-10:15 (Cheam)	27
Chair Yoga 10:30-11:15 (Slesse)	23	Strength & Balance 9:15-10:15	24	Chair Yoga 9:30 (Slesse)	25	(Cheam)	26	Gentle Yoga 9:30 (Slesse)	27
Table Tennis 10:30-12:30 (Loft)		(Cheam)		Chair Yoga 10:30 (Slesse)		Walking Group 9:30 *		Chair Yoga 10:30 (Slesse)	
Advanced Planning (Minto) call Seniors First for appointment 1-866-437-1940		Walking Group 9:30 *		Table Tennis Cancelled - City Booking		Carpet Bowling 10-12 (Slesse)		Table Tennis 10:30-12:30 (Loft)	
Badminton 2-4 (Cheam)		Carpet Bowling 10-12 (Slesse)		Zumba Gold 10:45-11:45 (Cheam)		Pickleball 12:45-3:45 (Cheam)		Zumba Gold 10:45-11:45 (Cheam)	
Euchre 6-8:30pm (Slesse)				Floor Curling 1:30-3:30 (Cheam)		Crib 1-3 (Slesse)		Badminton 1-3 (Cheam)	
Pickleball 6:45-9:30 (Cheam)	30		1			PANCO		<u>LEGEND</u>	
Chair Yoga 10:30-11:15 (Slesse)	50	July July				605.372.5977	BIOTOS	Rooms in Evergreen Hall:	
Table Tennis 10:30-12:30 (Loft)							ORS	, Minto, Slesse, Cheam	
Mahjong 12-3 (Minto)		Office Closed				RESOURCES	SOCIETY	Landing Sports Centre	
Badminton 2-4 (Cheam)								Second Floor <i>Loft</i> Main Floor <i>Landing</i>	
Euchre 6-8:30pm (Slesse)		Canada Day Sta	at			9291 Corbould S 604.793		*Townsend by Playground if rain	-
						604.793	.99/9	too not, conscan by chiefs entre	unce.