

December 2024 Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
Pickleball 7:30-9:30 (Cheam) Line Dancing 10-11:30 (Cheam) Chair Yoga 10:30 - 11:15 (Slesse) Table Tennis 10:30-12:30 (Loft) Mahjong 12-3 (Minto) Badminton 2-4 (Cheam) Euchre 6:00-8:30pm (Slesse)	Strength & Balance 9:15-10:15 (Cheam) Walking Group 9:30am (Colisium) Carpet Bowling 10-12 (Slesse)	Christmas Luncheon Doors open 11:30am - event ends 2pm Cheam Room	Strength & Balance 9:15-10:15 (Cheam) Carpet Bowling 10-12 (Slesse) Line Dancing 10:30-12 (Cheam) Crib 1-3 (Slesse) Pickleball 1-3 (Cheam)	Pickleball 8:15-10:15 (Cheam) Gentle Yoga 9:30 (Slesse) Chair Yoga 10:30 (Slesse) Table Tennis 10:30-12:30 (Loft) Zumba Gold Cancelled Instructor Away Badminton Cancelled Re: City
Pickleball 7:30-9:30 (Cheam) Line Dancing 10-11:30 (Cheam) Chair Yoga 10:30 - 11:15 (Slesse) Table Tennis 10:30-12:30 (Loft) Mahjong 12-3 (Minto) Badminton 2-4 (Cheam) Euchre 6:00-8:30pm (Slesse)	Strength & Balance 9:15-10:15 (Cheam) Walking Group 9:30am (Colisium) Carpet Bowling 10-12 (Slesse)	Pickleball 8:15-10:15 (Cheam) Chair Yoga Cancelled Re: City Table Tennis 10:30-12:30 (Loft) Zumba Gold Cancelled Instructor Away Floor Curling 1:30-3:30 (Cheam)	Strength & Balance 9:15-10:15 (Cheam) Carpet Bowling 10-12 (Slesse) Line Dancing 10:30-12 (Cheam) Crib 1-3 (Slesse) Pickleball 1-3 (Cheam)	Pickleball 8:15-10:15 (Cheam) Gentle Yoga 9:30 (Slesse) Chair Yoga 10:30 (Slesse) Table Tennis Cancelled Re: City Zumba Gold 10:45-11:45 (Cheam) Badminton 2-4 (Cheam)
Pickleball 7:30-9:30 (Cheam) Line Dancing Cancelled Instructor Away Chair Yoga 10:30 - 11:15 (Slesse) Table Tennis Cancelled Re: City Advanced Planning (Minto) 11am call Seniors First for app. 1-866-437-1940 Badminton 2-4 (Cheam) Euchre 6:00-8:30pm (Slesse)	Strength & Balance 9:15-10:15 (Cheam) Walking Group 9:30am (Colisium) Carpet Bowling 10-12 (Slesse)	Pickleball 8:15-10:15 (Cheam) Chair Yoga 9:30 (Sleese) Chair Yoga 10:30 (Sleese) Table Tennis 10:30-12:30 (Loft) Stocking and Christmas Hamper Delivery Day possible office closure Zumba Gold 10:45-11:45 (Cheam) Floor Curling 1:30-3:30 (Cheam)	Strength & Balance 9:15-10:15 (Cheam) Carpet Bowling 10-12 (Slesse) Line Dancing Cancelled Instructor Busy Crib 1-3 (Slesse) Pickleball 1-3 (Cheam)	Pickleball 8:15-10:15 (Cheam) Gentle Yoga 9:30 (Slesse) Chair Yoga 10:30 (Slesse) Table Tennis 10:30-12:30 (Loft) Zumba Gold 10:45-11:45 (Cheam) Badminton 2-4 (Cheam)
23	24	25	26	27
CLOSED FOR CHRISTMAS BREAK				
30	31	LEGEND Rooms in Evergreen Hall: Minto, Slesse, Cheam, Stage Landing Centre Second Floor: Loft Lions' Hall on Spadina: Lions' Lions' Hall on Main: Lions/Main Colisium: Enter by the Chief Entrance		 <p>9291 Corbould Street 604.793.9979</p>