

SHELTER & HOUSING

BC Housing (Home Adaptations for Independence, Shelter Aid for Elderly Renters).....	1.800.257.7756
Landlord & Tenant Relations.....	1.800.665.1185
Property Tax Deferral.....	1.800. 355.2700
Ruth & Naomi's Mission.....	604.795.2322
Salvation Army.....	604.792.0001
Seniors' Resources Society (Housing Information only).....	604.793.9979

SUPPORT & COUNSELLING

Ann Davis Transition Society.....	604.792.2760
CHWK Hospice Society.....	604.795.4660
CHWK Senior Peer Counsellors.....	604.793.7204
QMUNITY (LGBT2Q).....	604.684.5307
CNHPS Family Caregiver Support..	604.798.2023

TRANSPORTATION

CHWK Transit	604.795.3838
Handy Dart/Card /Taxi Savers	604.795.5121
Hospital Transfers	1.800.768.0044
SPARC Parking Permits	604.718.7744
or Toll Free.....	1.888.718.7794
Volunteer Cancer Drivers	604.515.5400

In Partnership With



Every effort has been made to verify contact information. Corrections and updates should be forwarded to the Chilliwack & District Seniors' Resources Society.

IN CASE OF EMERGENCY, CALL 911

NON-EMERGENCY

BC 211 Helpline (Information).....	211
BC Nurse Line	811
BC Crisis Line	1.800.784.2433
Fraser Health Crisis Line.....	1.877.820.7444
CHWK Crime Prevention	604.393.3000
CHWK Fire Department.....	604.792.8713
City of CHWK.....	604.792.9311
Fraser Health-Service Line.....	1.855.412.2121
RCMP.....	604.792.4611
Service BC	604.795.8415

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SENIORS CARD

RESOURCES & SERVICES FOR
SENIORS RESIDING IN THE
CITY OF CHILLIWACK AND
SURROUNDING AREA



CHILLIWACK & DISTRICT
SENIORS'
RESOURCES SOCIETY

Call 604.793.9979
Email info@cdsrs.ca
Visit cdsrs.ca

ADDICTION SERVICES

CHWK Alano Club.....	604.792.9099
CHWK Addiction & Prevention Services.....	604.795.5994
Problem Gambling Helpline.....	1.888.795.6111
Riverstone Addictions Outreach.....	604.701.4006 1.866.795.0600

ADVOCACY/LEGAL

Community Legal Advocacy Centre Nidus Personal Planning Resource Centre and Registry.....	604.702.2907 604.408.7414
Office of the Public Guardian & Trustee.....	604.660.4444
Office of the Seniors Advocate.....	1.877.952.3181
Seniors First BC (SAIL) (Seniors Abuse & Info Line).....	1.866.437.1940
Advanced Planning for Low Income Seniors.....	1.866.437.1940

COMMUNITY GROUPS

Anavets.....	604 792 6370
BC Old Age Pensioners Organization.....	604.858.4066
Cheam Leisure Centre.....	604.824.0231
CHWK Elder College.....	604.702.2611
CHWK Landing Leisure Centre.....	604.793.7946
CHWK Lions.....	604.792.0292
City of CHWK Parks & Rec.....	604.793.2904
CNHP Compassionate Neighbourhood Health Partners Society.....	604.798.2023
Fraser Valley Regional Library Chilliwack.....	604.792.1941 604.858.5503
Sardis.....	604.858.5503
UFV Library.....	604.795.2824
Mount Cheam Lions Club.....	604.792.3810
Royal Canadian Legion Vedder.....	604 858.3600
Senior Recreation Center.....	604.792.4549
Seniors' Resources Society	604.793.9979
Stó:lō Service Agency.....	604.858.3366 1.800.565.6004

EMPLOYMENT & INCOME ASSISTANCE

Income Assistance (Ministry of Social Development & Poverty Reduction) ...	1.866.866.0800
Pacific Community Resource Society ..	604.795.5994
Pensions Information	1.800.561.7930
Service Canada	1.800.622.6232
(OAS, GIS, CPP, Disability, Death Benefit Senior Supplement Spouse/Survivor Allowance, or Employment Insurance)	
Veterans Affairs Canada	1.866.522.2122
TDD/TTY	1.833.921.0071
Work BC Employment Services Centre Chilliwack	778.860 5472

FOOD OR SHOPPING ASSISTANCE

Grocery Hampers Monthly.....	604.793.9979
Meals on Wheels	604.793.7242
Ruth & Naomi's Mission	604.795.2322
Salvation Army Food Bank	604.792.0001

HEALTH & WELLNESS

Alzheimer Society	1.800.936.6033
& Dementia Helpline	
CHWK General Hospital	604.795.4141
CHWK Mental Health	604.702.4860
CNIB Vision Loss	1.800.563.2642
Fraser Health —Public Health	604.702.4900
Fraser Health Lab CHWK	604.795.4141
Fraser Health Lab Sardis	604.824.9627
HealthLink	811
MSP/Pharmacare	1.800.663.7100
UBC Dental Clinic	604.822.2112
Valley Medical Imaging (X-Ray)	604.795.7205
CNHPS Seniors' Connect Café	604.798.2023

MEDICAL EQUIPMENT

Red Cross	604.792.2343
Seniors' Resources Society (Medical Equipment Registry)	604.793.9979
Mt Cheam Lions (Medical Equipment Loans)	604.792.3810